

## **30-Day Prayer Guide**

### **Day 1: Gratitude**

Express your gratitude to God for the blessings in your life.

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### **Day 2: Forgiveness**

Seek God's forgiveness for any wrongs and ask for the strength to forgive others.

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### **Day 3: Guidance**

Ask God for guidance in your daily decisions and life direction.

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### Day 4: Peace

Pray for peace in your heart and in the world.

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### **Day 5: Strength**

Request strength to overcome challenges and endure hardships.

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### Day 6: Healing

Pray for healing for yourself and others, both physically and emotionally.

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### Day 7: Faith

Ask for an increase in faith and trust in God's plan.

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### Day 8: Wisdom

Seek wisdom to navigate life's complexities.



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### Day 9: Love

Pray to be filled with God's love and to share it with others.

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### Day 10: Hope

Ask for hope to sustain you through difficult times.

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### Day 11: Provision

Request God's provision for your needs and the needs of others.

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### Day 12: Joy

Pray for joy in your heart and to spread joy to those around you.

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### Day 13: Protection

Ask for protection over yourself, your family, and others.

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### Day 14: Humility

Seek a humble heart and a spirit of service.

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### **Day 15: Patience**

Pray for patience in your dealings with others and in your circumstances.

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### Day 16: Compassion

Ask for a compassionate heart towards those in need.



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### Day 17: Obedience

Pray for the willingness to obey God's commands.

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### Day 18: Purpose

Seek clarity on your purpose and how to fulfill it.

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### Day 19: Faithfulness

Pray to remain faithful to God in all aspects of your life.

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### **Day 20: Unity**

Ask for unity within your community and the broader world.

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### **Day 21: Courage**

Request courage to stand firm in your beliefs and to act justly.

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### **Day 22: Resilience**

Pray for resilience to bounce back from setbacks.

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### Day 23: Discernment

Seek discernment to make wise choices.

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### Day 24: Mercy

Ask for God's mercy and to be merciful to others.



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### Day 25: Kindness

Pray to be kind and to receive kindness.

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### Day 26: Trust

Ask for trust in God's timing and plans.

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### Day 27: Contentment

Seek contentment in your current circumstances.

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### Day 28: Diligence

Pray for diligence in your work and responsibilities.

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### Day 29: Rest

Request rest and renewal for your body and soul.

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### Day 30: Praise

End with a day of praise and thanksgiving for God's goodness.