

# 30 DAY PRAYER CHALLENGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gratitude: Thank God for three specific blessings in your life today.	Strength: Ask God to give you strength for a current challenge you're facing.	Guidance: Pray for clarity and wisdom in making important decisions.	Forgiveness: Ask God to forgive you for a specific mistake and help you forgive others.	Peace: Pray for peace in your heart and mind during stressful situations.	Provision: Thank God for providing for your needs and ask for His continued provision.	Healing: Pray for healing for yourself or someone you know who is sick or hurting.
Surrender: Surrender a difficult situation or burden into God's hands.	Patience: Ask God to help you grow in patience in your daily life and interactions.	Faith: Pray for a stronger faith and trust in God's plan, even when it's hard to see.	Humility: Ask God to cultivate humility in your heart and actions.	Joy: Thank God for the joy He brings into your life and pray for more moments of joy.	Hope: Pray for hope and encouragement in times of difficulty or uncertainty.	Protection: Ask God for protection over your family, friends, and loved ones.
Love: Pray for the ability to love others the way God loves you —unconditionally.	Purpose: Ask God to reveal His purpose for your life and how you can serve Him.	Courage: Pray for the courage to step out in faith in areas where you feel fearful.	Contentment: Ask God to help you find contentment in your current circumstances.	Forgiving Others: Pray for the grace to forgive someone who has hurt you.	Obedience: Ask God to help you be obedient to His will, even when it's challenging.	Trust: Pray to fully trust God with every aspect of your life, especially areas of anxiety.
Kindness: Ask God to help you show kindness and compassion to those around you.	Spiritual Growth: Pray for growth in your relationship with God and spiritual maturity.	Listening: Spend your prayer time listening for God's voice, not just speaking to Him.	Serving Others: Ask God to show you ways you can serve those in need.	Wisdom: Pray for God's wisdom in navigating tough decisions and situations.	Healing Relationships: Ask God to restore a relationship that may be broken or strained.	Faithfulness: Pray for the ability to remain faithful to God's calling on your life.
Encouragement: Ask God to encourage your spirit and help you be an encouragement to others.	Reflection: Spend time reflecting on the past 30 days, thanking God for the journey.					