

New Life in Christ: 5-Step Progress Checklist

Step 1: Commit to Daily Time with God

- Read a chapter from the Bible daily
- Spend time in prayer each morning
- Write down daily reflections in a prayer journal

Step 2: Build a Support Network of Believers

- Join a small group or Bible study group
- Attend a men's fellowship or church event
- Find a mentor for guidance and accountability

Step 3: Embrace Forgiveness and Let Go of the Past

- List past hurts or regrets and bring them to God in prayer
- Pray daily for the strength to forgive others and yourself
- Journal progress and healing reflections each week

Step 4: Cultivate New Habits That Reflect Christ's Love

- Practice gratitude by listing three things daily
- Look for one opportunity to show kindness each day
- Speak positive and encouraging words to others

Step 5: Engage in Acts of Service and Share Your Faith

- Volunteer once a month at a local charity or ministry
- Share your testimony with a friend or in a small group
- Join a church outreach program or community event